

“A Report of session on awareness about cancer”



Date: 05/05/2022

Resource person:

Dr. Subhash Oncologist, Narayana

Hrudayalaya, Mysore.

As a part of Women Cell of JSSLC, Dr. Subhash. K. R Oncologist in Narayana Hrudayalaya, Mysore graced the occasion to promote cancer awareness and have an interactive session with the female students.

He first emphasised on why it is important to listen to this lecture he also said like upon Myths and false information that are circulated for cancer in social media and other sources. He explained and defined what cancer is how one cell continues to divide and there is no check for its application.

In India most common cancer among women is breast cancer and cervical cancer, And the discussion on 05/05/2022, is solely based upon that. Hey further emphasised on the causes of cancer. He said that smoking causes about 28 types of cancer and it is most common cause along with hereditary, HIV infection, obesity. He further explained the symptoms which are found in Breast Cancer and Cervical cancer as well. He also said about the symptoms in Ovarian Cancer. Then he gave a brief introduction to the treatment of cancer which is Chemotherapy, Radiology and other targeted specialised therapy.

He further shed light on prevention of cancer which is highly imperative to be cultivated by the age group of 20s- 30s. Along with healthy lifestyle, he also gave information about Cervical Cancer Vaccine which can be taken by 13-25 age group.

He further said that any women more than 40 years of age, to get Mammogram done every year. He also gave information about Prophylactic Surgery.

Thereafter Dr. Suhas did a brief interactive session with the students. Then he gave example of many famous cancer survivors and said that “ whether you all, rich or poor, beautiful or ugly, young or old, cancer doesn’t discriminate”.

Thus was overall a very interactive and informative session about the deadly disease of Cancer which is very much prevalent in today’s world.

With the immense experience of Dr. Suhas, we students were exposed to many informative aspect including the usual myths and misconceptions among people.